# COVID-19: How Homethrive Can Help

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The impact of COVID-19 is being felt in most every aspect of our lives. With a lot of people being self-quarantined and employees working from home indefinitely, our aging loved ones will be without support and left socially isolated. In addition to Homethrive's standard offering, here are a few specific areas where Homethrive can help mitigate effects of the pandemic:

## **Grocery Delivery**

Through companies that we have partnered with, we are able to offer grocery delivery to most U.S. zip codes. All we need is an address, a grocery list, and a preferred delivery time and we'll take care of the rest!

Note: As a consequence of the virus many of these are experiencing significant delays.

### **Prepared Meal Delivery**

If cooking isn't an option for your aging loved one or they're used to eating out, we can arrange for fully-prepared, nutritious meals to be delivered to their home. Our partner has options for very specialized diets and there is even a nutritionist on staff available for consultations. By ordering through your Care Guide you'll also get a discount on your order. We're also happy to arrange restaurant delivery when possible. Contact your Care Guide to access the menu.

#### **Delivery of Personal Care Items**

Whether its incontinence products, skin care, or wound care (among others) we can get it delivered to your doorstep. Most items are delivered within 2 business days. Unfortunately, like most vendors across the country, our supplier is critically low on products such as gloves, masks, and sanitizers. They are working to restock and reopen orders of these supplies as quickly as they can.

See all available products at: <u>homethrive.personalcaredirect.com</u>

## **Medication Delivery Service**

To avoid trips to the pharmacy, we can also work with your loved ones to set up medication deliveries every month and have their medications separated into the appropriate dosages and regimens.

### **Reduce Social Isolation and Depression**

We are working with our partners to give members the opportunity to enroll into virtual clubs (attended from home) that fit their interests. We will also be providing Homethrive-hosted programs and entertainment for seniors by sending out content and activities to our members and hosting discussion sessions online.

#### **Care Guide Support**

Whether you have questions about how to prepare for medical visits, how to speak to your physician, or you don't know how to talk among your family about everything that's happening, remember that your Care Guide is here to help. In addition, your Care Guide can be an avenue to provide social interaction, guidance, and help to manage anxiety.

If there is anything else you need support with, please reach out and let us know. We are more than happy to work together with you and your family to help however we can. We are working together with our partners to ensure minimal disruption in services.

Resource Directory: thrivingat.homethrive.com/covid-19-resource-directory For more information, visit: info.homethrive.com/covid19



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